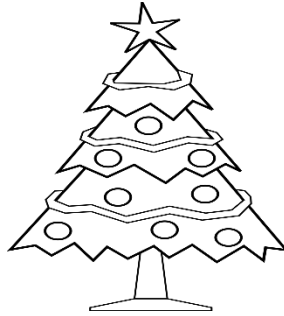


SOUTHWEST SENIORS DECEMBER 2018 AND JANUARY 2019 NEWSLETTER

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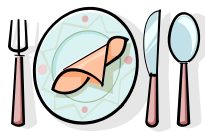


MERRY CHRISTMAS AND HAPPY NEW YEAR!

As there is only one luncheon in December, December 2018 and January 2019 newsletters have been combined into one.

Renovation Update: *We are getting close to being back home! Just so things remain less complicated, for the month of December, Yoga will remain at Lendrum Community League Hall and Creative Crafts will remain at the Marshall Centre. Our first and last luncheon in December is December 13 and we THINK it will be at home in the basement of St. Agnes Church. In case any issues arise, however, the Pleasantview Community League Hall will be our alternate location.*

Come January, all programming will resume in the basement of St. Agnes Church.



THURSDAY LUNCHESES with ENTERTAINMENT

Doors open at 10:30 a.m. Please try to be here by 11:45 a.m. Lunch is served at 12:00 noon, followed by entertainment/other scheduled events from 1-2 p.m. Please remember to put your lunch ticket into the basket on table where cooks serve lunch.

Lunch tickets are \$10/member and \$12/non-member.

The following **entertainment/events** will be provided at our Thursday Luncheons:



November 29 – Silver & Gold Trio (Song/Dance)
December 13 – Southwest Seniors' Choir
January 10 – Terry Jorden (Song/Dance)
January 17 – Flatbroke (Song/Dance)
January 24 – The Old Smoothies (Song/Dance)
January 31 – Ghostriders (Song/Dance)

Our December 13 luncheon is our Christmas Luncheon. Although we are sold out, please do not hesitate to put your name on our waiting list should there be any cancellations.

Board Meeting: There is no Board meeting in December. Our January Board meeting is scheduled for Thursday, January 17 at 9:30 a.m.

PROGRAM SCHEDULING:

Creative Crafts, Tuesdays 9:30 a.m. – 11:30 a.m.:

During the month of December, this activity will continue to be held in the Marshall Center, the small building to the west of Pleasantview Community League Hall at 10860 – 57 Ave. As of January 8, 2019, this program will resume from the basement of St. Agnes Church (10832 – 62 Ave).

Clogging for Fun (EZ Cloggers), Tuesdays 11 a.m. – 12 noon: This is on a break until the New Year. Date to be confirmed (either January 8 or January 15).

Choir, Tuesdays 1 – 3 p.m.: The choir rehearses on Tuesdays and shares their program in various hospital settings, senior centres and senior residences, etc... throughout the year. Following our Christmas break, rehearsals resume on Tuesday, January 15. From November 27 – December 18, the choir will not rehearse as they will be performing at:

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- **Tuesday, November 27:** St. Joseph's Auxiliary Hospital, 10707 – 29 Ave. Arrive at 1:00 p.m. Concert begins at 1:45 p.m.
 - **Tuesday, December 4:** Lifestyles Riverbend, 200 Falconer Court. Arrive by 10:30 a.m. Concert begins at 11:00 a.m. Parking: Visitor parking, or in the plaza parking lot. Carpooling recommended!

- **Tuesday, December 11:** Rutherford Heights, 949 Rutherford Rd. Arrive by 1:15 p.m. Concert begins at 2:00 p.m. Parking: Limited (carpool)/street parking.
 - **Thursday, December 13:** St. Agnes Church, Southwest Seniors' Luncheon. If eating at centre, arrive prior to 11:45 a.m. Otherwise, arrive by 12:30 p.m. Concert begins at 1:00 p.m. Parking Lot and Street Parking
 - **Tuesday, December 18:** Pleasantview Place, 5210 – 110 Street. Arrive by 1:30 p.m. Concert begins at 2:00 p.m. Parking: Limited/street parking
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As you can see, the Choir is super busy sharing their beautiful Christmas program. On behalf of all of us at Southwest Seniors, thank you, Choir members, for your generosity in providing this service and for representing Southwest Seniors so well!!!

Gentle Yoga, Wednesdays 10 a.m. – 11 a.m. at Lendrum Community League Hall at 11335 – 57 Ave. until December 19. Following our Christmas break, classes will resume in the basement of St. Agnes Church (10832 – 62 Ave) starting January 9. Drop in classes are \$6/class with \$10 membership.

Gentle Dance Moves, Wednesdays 11:15 a.m. – 12:15 p.m. will be on a break for the month of December but will recommence in the basement of St. Agnes Church, 10832 – 62 Ave. starting January 9. Drop in classes are \$6/class with membership.

Thursday Luncheons With Entertainment: Our first (and last) luncheon in December is Thursday, December 13. This is our Christmas luncheon which is sold out. As mentioned earlier in the newsletter, if you were unsuccessful in getting a ticket, you are more than welcome to put your name down on a waiting list in case there are any cancellations. This luncheon should hopefully be held in the basement of St. Agnes Church, however, should there be any renovation delays, we are fortunate enough to have the Pleasantview Community League Hall for a back-up location.

Our first luncheon back in the New Year is Thursday, January 10.

Bus Trips:

Do you have any ideas for future trips? Please share them with us!

Please ensure you are at the departure location at least 15 minutes prior to departure time.

Bus rental and bus driver tips are covered by Southwest Seniors (thanks to Casino funds!) for the following trips:

Devon Dinner Theatre (East of 60) Sunday, March 17: Another delicious brunch followed by Ken Ludwig's "Lend Me a Tenor" is what East of 60 offers in March. Cost is \$35/person. Sign-up for this Bus Trip starting the week of January 8, 2019. Payment is due by January 31, 2019.

This night in 1934 is going to be big for the Cleveland Grand Opera. World famous tenor, Tito Morelli is in town for one night only to perform Otello, his greatest role, at the gala season opener. When Il Stupendo takes a mix of booze and drugs and falls unconscious, it is thought that he is dead. Panic ensues, but mild mannered assistant Max steps up to the plate, and offers to impersonate Tito. Amazingly, he succeeds in fooling everyone into thinking he is the famous Tenor, but when the real tenor wakes up, things get really complicated. This promises to be another favourite for East of 60's faithful audience

Depart Mount Pleasant School, 10541 – 60A Avenue at 11 a.m. Return time to Edmonton is approximately 4 p.m.

Also proposed for March, but we need to know if there is enough interest:

Grant MacEwan's Musical Theatre Program is presenting: Guys and Dolls

Hailed as the perfect musical comedy, this award-winning classic gambles with luck and love under the bright lights of Broadway.

Considered by many to be the perfect musical comedy, Guys and Dolls is set in Damon Runyon's mythical New York City. Gambler Nathan Detroit tries to find the cash to set up the biggest craps game in town while the authorities breathe down his neck.

Meanwhile, his girlfriend and nightclub performer Adelaide laments that they've been engaged for 14 years. Nathan turns to fellow gambler Sky Masterson for the dough, and Sky ends up chasing straight-laced missionary Sarah Brown. Somehow, everyone eventually ends up right where they belong.

The show is at 7:30 p.m. on various nights and cost should be approximately \$20/person. There is a possibility to make a whole evening out of this by meeting at a restaurant for supper prior to the show for an additional, approximately, \$20, for a total of \$40/person. Please let Sandy Anderson or Yvonne Pearson know if you are interested in this.

VOLUNTEER OPPORTUNITIES AT SOUTHWEST SENIORS: We still have various volunteer positions available with table setting, bus outings, decorating, ticket sales, etc... Even if you can be on a standby list, this helps us very much!!!

OTHER INFORMATION (Much of the following information is provided by Edmonton Seniors Coordinating Council and other senior organizations throughout the city.)

Whizgigging Productions - The Best Little Newfoundland Christmas Pageant...Ever!

Well, it's that time of year again. The time of year to take a load off, have some laughs and enjoy some jam jams, with the Herdmans!

This year Whizgigging Productions is thrilled to be at a new venue this year, The Backstage Theatre, located at 10330 84 Ave NW, Edmonton, AB T6E 2G9. We have a new venue, 2 new actors and some other fun changes! We'd love to see you and your family come and enjoy some holiday cheer!

We are running December 12 - 14th at 7:30pm, and 18 - 23rd at 7:30, with a 2pm matinee. Tickets are available at Tix on the Square (link below).

<https://www.tixonthesquare.ca/performances/5462>

EDMONTON MEALS ON WHEELS ANNUAL HOLIDAY GIFT DRIVE

Edmonton Meals on Wheels is happy to be collecting gifts for their annual Holiday Gift Drive for homebound Edmontonians. They are hopeful that the community can help by donating unused items such as socks, large font crossword puzzles, hand soaps, etc.

Items can be dropped off at the Edmonton Meals on Wheels office until December 14. Office hours are Monday through Friday, 8 a.m. - 4 p.m. Edmonton Meals on Wheels is located at 11111 103 Avenue.

St. Basil's Cultural Centre - 10819 71 Ave: Wednesday, January 30, 2019: 11:00 – 2 pm –Soup (all you can eat), Salad & Social - Cultural Centre \$10/person Ph: 780-434-4288 if you have any questions.

TIPS from fellow Southwest Seniors members:

Have you taken a look at the new 2018/19 SAGE Directory of Senior Services? One of our members noted that Yellow Cab offers Senior Discounts. Phone 780-462-3456 (page 291 of Directory). She has heard other cabs also give discounts but you have to ask when booking. **So next time you need a cab, ask if they offer senior discounts.**

Have a tip you would like to share?