

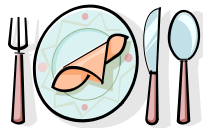
SOUTHWEST SENIORS – February 2020

10832 – 62 Avenue
Edmonton, AB T6H 1N1
Ph: (780) 435-9515 Website: swseniors.com

WEATHER POLICY: If the temperature is -30 degrees Celsius or colder, with the windchill, programming/luncheon will be cancelled. If in doubt, please call the office.



Happy Valentine's Day!



THURSDAY LUNCHESES with ENTERTAINMENT

Doors open at 10:30 a.m. Please try to be here by 11:45 a.m. Lunch is served at 12:00 noon, followed by entertainment/other scheduled events from 1-2 p.m. Please remember to put your lunch ticket into the basket on table where cooks serve lunch.

Regular Thursday lunch tickets are \$10/member and \$12/non-member and for Special Luncheons (Thanksgiving, Christmas and Easter): \$15/member and \$17/non-member

The following **entertainment/events** will be provided at our Thursday Luncheons:



- January 30 – Rebound (Song/Dance)
- February 6: Randy & Rai (Song/Dance)
- February 13: Joyce Smith (Song/Dance)
- February 20: Country Sunshine (Song/Dance)
- February 27: Dwayne Cannan (Song/Dance)
- March 5: Hoffman Duo (Song/Dance)

Board Meeting: Thursday, February 20, 2020 at 9:30 a.m.

Bus Trips:

Please ensure you are at the departure location at least 15 minutes prior to departure time.

For the following trips, and most of the time, bus fees, including bus rent and bus driver tip, are covered by Southwest Seniors. We are very fortunate that casino funds from casino events held every couple of years help pay for the bus rental.

Occasionally, we will round a number up, which may amount to a few dollars being contributed to our General Funds or even our bus rent which comes from Gaming Funds. Also, if there is an event with two or more different prices, as does happen at the Devon Dinner Theatre (East of 60), we can and will only charge one price. We will, however, do our best not to attend future functions where there are two-tiered (or more) pricing systems.

Unless otherwise indicated, we will be departing from the CASA Centre (previously St. Agnes School) at 10645 – 63 Ave.. The CASA Centre covers the block between 62 Ave. and 63 Ave., between 106 and 107 St. We can park in any of the parking spots except for those immediately against the building. The bus will depart from the bus pull-off on the south side of the building on 62nd Ave.

Should you need to contact the Bus Trip Coordinator, Joan Richardson, to advise of any changes to your bus trip status or ask any last minute questions, Joan's number is: 780-446-5070.

Please ensure you sign-up / purchase your tickets now for:

Sunday, February 9 (matinee): Hazel Bluff Community Centre presents: *“Jack of Diamonds” - a hilarious romp through Transitions Retirement Villa with all the characters you might expect to find... the devious, the sleepy, the sexy!, the nerdy, the talented... with some Golden Moments you weren't expecting!* Departs from CASA Centre at 10 a.m. Includes Meal, Show, Bus Rental and Bus Driver Tip. If you have signed up, payment is due.

Sunday, March 22: Canadian Country Music Legends, Sunday, March 22, 2020 in Holden. Bus departs at 12 noon from the CASA Centre. **Total Cost:** \$36/person. This price includes Meal, Show, Bus Rental and Bus Driver Tip.

Wednesday, April 1: Cow Patti Theatre in Lacombe presents Norm Foster's "Lunenburg." *American widow, Iris Oulette, and her good friend Natalie travel up to the coastal village of Lunenburg, Nova Scotia to a house she's inherited from her recently deceased husband. The only problem is that Iris didn't know anything about her Canadian abode! As next door neighbour, handyman Charlie, brings the gals up to speed, be prepared to laugh and gasp at the twists and turns...*

Total Cost: \$55/person (includes meal, show, bus rental and bus driver tip). **The bus departs from St. Agnes Church at 10832 – 62 Ave. Departure time: TBA.**

CASINO dates are March 25 and 26, 2020. Thank you to all of you who have volunteered your time at this event. If you are uncertain when you are scheduled to work, please let Mike Pearson or the Administrator know and we will get that information to you right away.

OTHER INFORMATION (Much of the following information is provided by Edmonton Seniors Coordinating Council, other senior organizations throughout the city, organizations/individuals that have reached out to us, or simply information we think you may want to know about...)

LGBTQ2S+ MENTORSHIP/CAREGIVERS PROGRAM

Pride Centre of Edmonton (10618 105 Avenue)

Are you trans, gay, or under the pride umbrella and want to connect with more people like yourself, but lack the ability to do so? There are people from your community that want to help! The Pride Centre of Edmonton offers mentorship and caregiving that meets you at wherever you are. This program is open to individuals of all ages, genders, and sexualities. To participate, call 587-635-2169 or email seniors@pridecentreofedmonton.ca.

SPANISH FOR SENIORS (BEGINNER AND INTERMEDIATE)

Sage Seniors Association (15 Sir Winston Churchill Square)

Fridays, February 21-April 3, 12:30 p.m. - \$20

It's a new year and a great time to try something new, such as learning a new language! In addition to being able to order an ice cool "cerveza" (beer) on your next Mexican getaway, picking up a second language can improve decision-making skills, memory, attention span, ability to multitask,

perception, and overall cognition. Pre-register by February 14 in-person or by calling 780-423-5510 ext. 301.

WINTER WEDNESDAYS LECTURE SERIES

Jewish Senior Citizen's Centre (10052 117 Street)

Various dates \$15 members; \$20 non-members (per lecture)

Learning never goes out of style. Enrich your mind with this invigorating guest lecture series. Topics are varied, so you can choose a topic that speaks to you, or give them all a try and become a true "renaissance" person. Upcoming topics include:

- Capital Punishment in 18th Century England: February 5, 10 a.m.-12 p.m.
- Characters from the Yukon Gold Rush: February 12, 10 a.m.-12p.m.

For more information and to register, email jdic@shaw.ca or call 780-488-4241.

Boardwalk Ice on Whyte – January 30 – February 2
